

ARD SGOIL A'PHLUIC/PLOCKTON HIGH SCHOOL NEWSLETTER—Week ending Friday 28th January

Dear Parents/Carers,

Our N5 Prelims have now been completed and results are being compiled by the Office to send out in advance of the S4 Parents' Evening (Thursday 10th February). Higher and Advanced Higher Prelims started this week and these will run until 4th February, followed by a Parents' Evening (Thursday 17th February).

Covid mitigations remain in place in school and we will inform you of any changes as we receive updated guidance from The Highland Council. It is really good to see the resumption of a number of activities in the evenings (clubs, team sports, Pipe Band, rugby training etc) and to see pupils' enjoyment at being able to participate again, along with their friends..

It's hard to believe we are almost at the end of January and glimmers of light in the sky in the mornings are most welcome. I hope you all have a good, if potentially rather blustery, weekend.

Le durachdan, Susan Galloway

JANUARY 100 CLUB DRAW

1st – Joy Matheson

2nd – Shirley Whyte

3rd - Greg Dobson

COVID VACCINATIONS

The Scottish Ambulance Service will be back in school on Friday 25th February to administer 1st, 2nd or booster Covid vaccinations.

Further details and consent forms will be issued shortly.

SQA - Invigilation Team recruitment

This year's diet of SQA exams will run from Tuesday 26th April — Thursday 31st May and we are looking for a few more Invigilators to join the team as a few of our regular Invigilators have retired.

If you are interested in this opportunity (it is a paid role and you wouldn't be required every day), please email our SQA Co-ordinator for more information and to share your contact details.

Miss Sinclair's email contact is: melanie.sinclair@highland.gov.uk

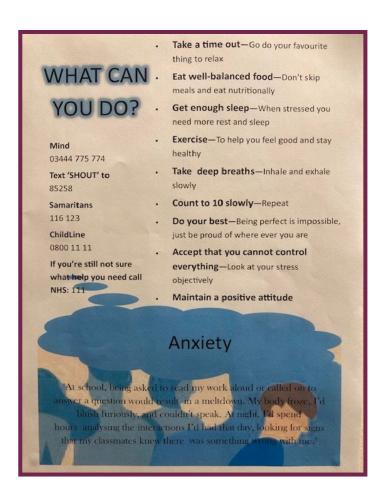
S1 Parents' Evening

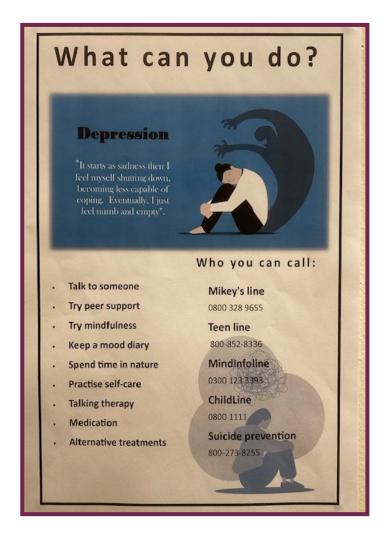
It was very pleasing to have a turnout of 87% of S1 parents at last night's online Parents' Evening and I very much hope you enjoyed the opportunity to speak to subject teachers and to be able to put faces to names. Where there were some connectivity issues, we will follow up with phone calls and if, after your discussions, you feel that your son/daughter needs more support or specific help I would ask you please to make contact with our Principal Teachers of Pupil Support:

Mrs Coghill (sandra.coghill@highland.gov.uk) or Mrs Gess (gillian.gess@highland.gov.uk)

Or our Principal Teachers of Support for Learning:

Dr O'Leary (Stephen.OLeary@highland.gov.uk) or Ms Treanor (veronica.treanor@highland.gov.uk)





Supporting Mental Health

What Can You Do?
Who Can You Call?

This week we are sharing three posters which were designed by Lola McLaughlin (S6).

The posters focus on three key areas of mental health and well-being and we have displayed these on our cubicle doors in the bathrooms and on our main noticeboards as a very visible support for young people in offering some key advice and sources of help/support.

